ERUA-VIADRINA Research Week at the European University Viadrina Frankfurt (Oder)

June 16–20, 2025

Viadrina Research Week 2025 — Preliminary Program

📍 European University Viadrina, Frankfurt (Oder) 📅 June 16–20, 2025

Monday | 16.06.25

🕐 Time	Title
2:00–3:00 pm	**Welcome & Introduction to Viadrina**
3:30–5:00 pm	**Poster Session**
5:15–6:45 pm	**Keynote & Discussion:** *Mental Health in Academia*
7:00 pm	🍽 **Opening Buffet**

Tuesday | 17.06.25

🕐 Time	Title
9:00 am–12:00 pm	**Workshop:** *Building Professional Networks*
1:00–4:00 pm	**Workshop:** *Organize Your Writing Process*
4:30 pm	🎉 **Social Event**

Wednesday | 18.06.25

🕐 Time	Title
9:00 am–12:00 pm	**Workshop:** *Understanding the EU Funding Landscape*
1:00–4:00 pm	**Workshop:** *Academic Publishing*
6:00 pm	🤝 **Collaborative Event:** *Meet the Viadrina Researchers*

Thursday | 19.06.25

🕐 Time	Title
9:00 am–12:00 pm	**Workshop:** *Open Science*
1:00–4:00 pm	**Workshop:** *Research Data Management*
4:30 pm	🎊 **Social Event**

Friday | 20.06.25

🕐 Time	Title
9:00 am–12:00 pm	**Workshop:** *Techniques for Impactful Communication*
12:30 pm	🎓 **Closing Ceremony of the Research Week**

We look forward to welcoming you fostering an exciting exchange of ideas!

For more information, please contact:

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Viadrina Research Week 2025 — Detailed Program Description

Poster Session

🖩 **Mon 16.06.25** | 🕐 **3:30 – 5:00 pm**

💬 *Participants will have the opportunity to network and exchange ideas by presenting their research using a standardized poster template.*

Keynote & Discussion: Mental Health in Academia — A Structural Perspective

🖩 **Mon 16.06.25** | 🕐 **5:15 – 6:45 pm**

💬 *Mental health in academia requires urgent attention, especially post-Covid-19. Research shows that early career researchers (ECRs) face severe mental health challenges due to steep hierarchies, power imbalances, relentless pressure to publish and secure funding, and intense job competition. These conditions often lead to anxiety, depression, or burnout.*

While universities offer mental health support, it is often framed within a neoliberal logic— treating well-being as an individual responsibility rather than addressing systemic issues. This keynote challenges the individualization of mental health struggles by highlighting the systemic issues shaping them. It critically examines dominant beliefs around productivity, performance, and excellence while opening space for reflection, exchange, and intervention— above all, a space where ECRs feel validated and supported.

Workshop: Building Professional Networks and Improving Collaboration Skills

🖩 **Tue 17.06.25** | 🕐 **9:00 am – 12:00 pm**

💬 *This workshop equips early career researchers with skills and strategies to build professional networks and collaborate effectively. Through hands-on activities, self-learning, and guided discussions, participants will strengthen their networking capabilities for academic and interdisciplinary growth.*

Workshop: Organize Your Writing Process

📅 **Tue 17.06.25** | 🕐 **1:00 – 4:00 pm**

💬 *This session centers on researchers as writers. Participants will explore different writing strategies, types of writers, and ways to optimize writing practices. The workshop also includes time for individual feedback and peer discussions about writing projects.*

Workshop: Understanding the EU Funding Landscape

📅 **Wed 18.06.25** | 🕐 **9:00 am – 12:00 pm**

💬 *An overview of key EU funding programs, eligibility, and application strategies. This workshop offers practical guidance to help researchers successfully navigate and apply for EU research grants.*

Workshop: Academic Publishing

📅 **Wed 18.06.25** | 🕐 **1:00 – 4:00 pm**

💬 *An introduction to the academic publishing landscape, including journal selection, impact factors, and Open Access options. Tailored for doctoral students and early post-docs, especially in the humanities and social sciences.*

Collaborative Event: Meet the Viadrina ERUA Post-docs

📅 **Wed 18.06.25** | 🕐 **5:00 pm**

💬 *A networking event to foster collaboration within the ERUA alliance. Includes research presentations, Q&A, and a reception.*

Workshop: Open Science

📅 **Thu 19.06.25** | 🕐 **9:00 am – 12:00 pm**

💬 *Openness and transparency are shaping the future of research, but what does that mean for your work? This 3-hour interactive workshop will introduce you to the core principles of Open Science and show you how to make your research more transparent, reproducible, and impactful. Through practical exercises and real-world examples, you'll learn about open access publishing, data sharing, reproducibility, and collaborative tools. Whether you're new to Open Science or looking to refine your approach, this session will help you navigate the possibilities and challenges of working openly in research.*

Workshop: Research Data Management

📅 **Thu 19.06.25** | 🕐 **1:00 – 4:00 pm**

💬 *Managing research data effectively is essential for researchers across all fields, yet it can often feel overwhelming. This interactive 3-hour workshop provides a practical introduction to organizing, securing, and sharing research data with confidence. Through hands-on exercises, you'll explore key strategies, discover useful tools, and learn how to implement best practices that make data management more efficient and sustainable. Whether you're looking to improve compliance, enhance collaboration, or simply bring more structure to your workflow, this workshop will equip you with the skills you need to take control of your research data.*

Workshop: Crafting Your Science Story — Techniques for Impactful Communication

📅 **Fri 20.06.25** | 🕐 **9:00 am – 12:00 pm**

💬 *This hands-on workshop introduces techniques for science communication with a focus on storytelling, media, and social media strategy. Participants will learn to share their research in ways that engage, inform, and inspire broader audiences.*